



## A review Mycotoxins: Extraction, characterization and analysis

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### Abstract

Mycotoxins are a diverse group of secondary, occurring naturally, and essentially unavoidable compounds produced by fungi. They contaminate a range of bakery foods, including bread, buns, biscuits, Peda, and cake, at any point throughout the baking process. Mycotoxin-contaminated food and feed can make people and animals poisonous in an acute or chronic way. The threat to public health has necessitated the development of methods for the investigation and mycotoxins analysis in food items. Because mycotoxins have a wide range of structural variations, excellent chemical stability, and low concentrations in test samples, they require powerful, effective, and intelligible detection procedures. This review describes the techniques that have been used successfully to identify and detect different mycotoxins in food products, including chromatographic and immunochemical methods as well as cutting-edge, alternative methods like biosensors, electronic noses, and molecularly imprinted polymers. To emphasize the significance of sampling and sample handling in the analytical process, these procedures have been covered in detail.

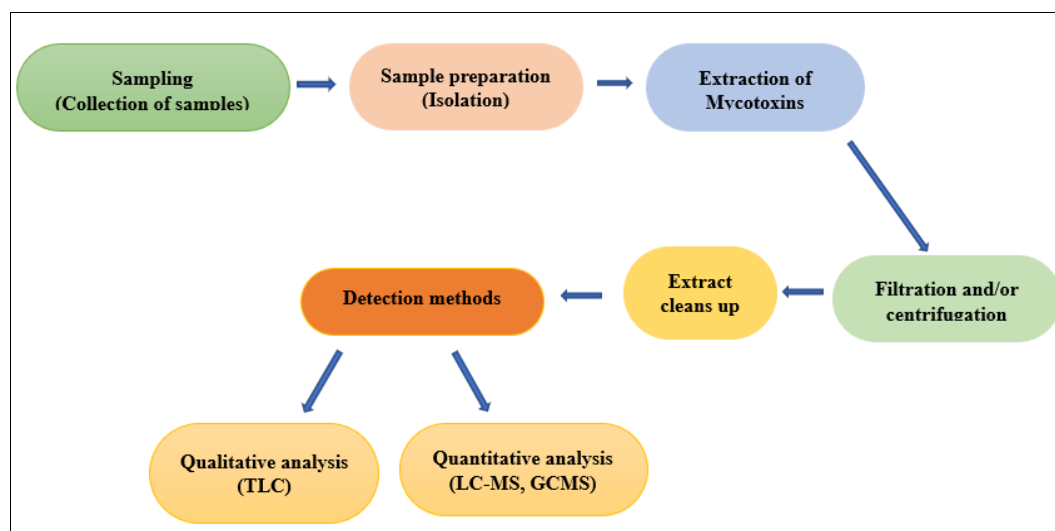
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### Introduction

Mycotoxins are secondary metabolites of filamentous fungus with a low molecular mass (MW 700 Da) that are toxic to both humans and animals <sup>[1]</sup>. A large number of distinct fungus species are responsible for generating more than 400 distinct mycotoxins with diverse chemical structures and properties <sup>[2]</sup>. *Aspergillus*, *Fusarium*, *Penicillium*, *Alternaria* are the principal genera of mycotoxigenic fungus <sup>[3]</sup>. Aflatoxins (AFs), ochratoxin A (OTA), zearalenone (ZEA), patulin (PAT), fumonisins (FUMs), and trichothecenes (TCs), including deoxynivalenol (DON) and T-2 toxin (T-2), are some of the most dangerous mycotoxins. Mycotoxins have been found to be present in a lot of bakery foods like bread, cake, buns, and biscuits. The growth and mycotoxin production processes in various fungi species can be influenced by a variety of factors. Temperature, humidity, water activity (aw), pH, nutrients, substrate type, amount of inoculation, physiological condition, and microbial interactions are a few examples of environmental variables <sup>[4]</sup>. Toxin production is a possibility throughout all stages of food product manufacturing, packaging, distribution, and storage <sup>[5]</sup>. The manufacturing of food and feed happens to be where mycotoxin contamination occurs most frequently.

The advent of food processing methods such grinding, baking, boiling, roasting, frying, and pasteurization has led to the chemical and thermal stability of a large number of mycotoxins <sup>[6]</sup>. A variety of harmful characteristics define mycotoxins. There may be severe acute responses or long-term consequences, depending on the amount or length of exposure. The World Health Organisation (WHO), the European Commission (EC), the Food and Agriculture Organisation of the United Nations (FAO), and Other

national and international institutions and organisations have discovered potential health risks for people and animals related to ingesting mycotoxin-contaminated food or feed. To address this problem, regulatory limits for the main mycotoxin classes and a few specific mycotoxin types have been developed <sup>[7]</sup>. For mycotoxins in food and feed such DON and AFs, the FDA has produced literature lists <sup>[8]</sup> and guidance materials <sup>[9]</sup>. Regarding the maximum quantity of mycotoxins in various foods, the EC has created extensive rules <sup>[10]</sup>. Mycotoxins in food and feed are governed by stringent international laws created by the FAO <sup>[11]</sup>. Additionally, the toxicity, exposure, and daily limitations of fumonisins and AFs as food pollutants have been thoroughly assessed in the report of the Joint FAO/WHO Expert Committee on Food Additives <sup>[12]</sup>. Numerous analytical techniques have been developed to identify and measure mycotoxins in food samples as a result of all of these attempts to set mycotoxin limits and standards. Chromatographic methods, immunoassay-based techniques, and quick strip screening tests are some of the approaches that have been shown effective in the measurement of mycotoxins in products from bakeries <sup>[13]</sup>. Despite the enormous advancements achieved in this area, there are still many difficulties and drawbacks to these analytical techniques that need to be resolved. Special extraction, cleanup, and detection techniques are needed due to the mycotoxins' chemical diversity, co-occurrence, changing concentrations in food commodities, and complex food matrices that include mycotoxin contamination <sup>[14]</sup>. This study covers the methodology and distinctive, innovative methods used for mycotoxin analysis and detection in a variety of foods. General flow chart for the detection of mycotoxins is shown in Table 1.

**Table 1:** Methods in mycotoxins detection.

### Sampling and Preparation of sample

Prior to mycotoxin identification in food samples, several different techniques are used including sample preparation and sampling. Extraction and cleanup are both included in sample preparation. Both are essential and are inextricably linked. An accurate determination of mycotoxins is made possible by properly carrying out each of these processes [15].

#### 1. Sampling

Sampling is crucial in evaluating mycotoxin levels since mycotoxigenic fungi do not even grow on the substrate and because it is difficult to get a representative bulk sample. In addition, the mycotoxin contaminations that are already present in natural samples identical. In order to standardise the mycotoxin analysis sampling techniques, Commission Regulation [16] established the sampling and analysis methodologies for the official regulation of the mycotoxin levels in foodstuffs. Inadequate sampling is associated with mycotoxin estimate mistakes that typically lead to an underestimation. Inaccurate information may be given to risk assessors and managers if sampling is done for monitoring or surveillance. For inspection purposes, inaccurate sampling might be problematic [17].

#### 2. Grinding and Mixing

To expedite the chemical reaction process of extraction and increase the possibility of identifying the mycotoxins, the sample should be homogenised until it resembles whole wheat flour or powder [18]. It should also be processed to a final particle size. The sample has to be blended when homogeneity has been achieved. The slurry mixing procedure seems to be a good choice in light of the study that has been done and the comparison of the different approaches. Very tiny particle sizes and hence homogenous samples with the lowest variation ratio were produced by this technique [19].

#### 3. Extraction and Purification

The first stage of preparing a sample is extraction, which involves utilising suitable solvents to get rid of mycotoxins

from contaminated food and feed samples. Initially established, the Fast, Easy, Cheap, Efficient, Rugged, and Effective approach enables the simultaneous detection of multiple groups of mycotoxins in diverse frameworks [20]. This technique involves a liquid-liquid extraction followed by an extraction with acetonitrile water. This process begins with an extraction using acetonitrile water, which is followed by the addition of inorganic salts to induce liquid-liquid partitioning. Because of this, mycotoxins are transported to the organic phase while certain polar matrix components remain in the aqueous layer. A dispersive solid phase extraction is then used to eliminate additional matrix compounds from the organic phase [21].

The next extraction method, known as liquid-liquid extraction (LLE), is based on the toxin's different solubilities in the aqueous phase and the immiscible organic phase. While the chemical extraction is carried out in one solvent, the residual matrix is maintained separate [22]. LLE has been utilised to concurrently evaluate AFs and OTA [23]. The mycotoxin may be extracted from solid matrices of different consistencies using the straightforward technique of liquid-solid extraction (SLE). Weighing the homogenised sample, the fundamental steps in the extraction process are adding the extraction solvent and mixing it in a shaker [24]. It has been demonstrated that this technique works to remove different mycotoxins from grains. The same process as SLE, accelerated solvent extraction (ASE) or pressurised liquid extraction (PLE), is carried out in a pressure-resistant vessel at higher pressure and temperature [25, 26]. To enhance the extraction of analytes from the matrix, these techniques utilise common solvents at high temperatures (100–180 °C) and pressures (1500–2000 psi) [27].

The Supercritical Fluid Extraction (SFE) technique is the next technique. By using supercritical CO<sub>2</sub>, SFE can reduce and eventually do away with the need for organic solvents. The SFE method is often used to extract non-polar chemical components and has been used to identify ZEA in maize flour [28]. All extraction methods, solvents, advantages, and disadvantages are included in Table 2.

**Table 2:** Extraction techniques, solvent, benefits, and drawbacks.

Method	Solvent	Benefits	Drawbacks	References
Liquid-Liquid extraction	Cyclohexane, Hexane,	Beneficial for preparations on a modest size	may not always give an analyte that is adequately clean, is time-consuming, and could result in sample loss due to adsorption onto the glassware.	[45, 49, 56]
Liquid-Solid Extraction	methanol/water, Acetonitrile/water,	Least quantity of solvent	SLE by itself may not be sufficient to remove certain mycotoxins without interfering, necessitating further purification processes.	[47, 49]
Pressurized Liquid Extraction	acetonitrile/methanol, Acetonitrile/water,	The ability to automate the extraction process, increase extraction efficiency in less time, and use less extraction solvent	expensive instruments	[47, 49, 57]
Supercritical Fluid Extraction	Acetonitrile supercritical CO <sub>2</sub> fluid	Quick, minimal solvent volumes, and temperature-sensitive analyte extraction	Inadequate recoveries, high co-extract concentrations, and high costs	[45, 49]

To be released, the mycotoxins need to be separated from the matrix. To reduce matrix effects and remove everything that can obstruct the next mycotoxin detection, the extract must be carefully cleaned. Purification of the extract can increase its sensitivity and selectivity while also increasing the precision and accuracy of the measurement. The most popular methods for cleaning up mycotoxins are solid phase extraction (SPE) and immunoaffinity columns (IAC), which are rapid, efficient, consistent, and offer a wide range of selectivity [29]. In order to remove contaminants and capture the mycotoxins, the solid absorbents (where the mycotoxins are absorbed) employed in the SPE method are commonly packed in cartridges [30]. SPE is a rapid, efficient, and reproducible method, but it has a number of limitations, including the challenge of detecting all mycotoxins with a single cartridge. Additionally, a variety of elements, such as the kind of solvent employed or the sample's pH and ionic strength, may affect effectiveness [31].

### Detection and Analysis of Mycotoxins

Numerous methods have been used in order to find mycotoxins in food and feed ever since the first ones were found [32]. The utilisation of several distinct chromatography types, including thin layer chromatography (TLC) and high-performance liquid chromatography (HPLC), in combination with diverse detectors including diode array, fluorescence, and UV, is what primarily accounts for the supremacy of chromatographic methods. Both gas chromatography-tandem mass spectrometry (GC-MS/MS) and liquid chromatography-tandem mass spectrometry (LC-MS/MS) have been used to identify mycotoxins with success [33]. When a rapid mycotoxin analysis is required, immunoassay methods such as lateral flow immunoassay (LFIA) [34, 35] and enzyme-linked immunosorbent assay (ELISA) [36, 37] are essential. Biosensors also appear to be a useful method for identifying mycotoxins in food [38, 39].

## 1. Chromatography Techniques

### 1.1 Thin Layer Chromatography

Thin layer chromatography is an established form of mycotoxin detection since it allows for the cost-effective screening of several samples [40]. Thin layer chromatography consists of a stationary phase consisting of cellulose, alumina or silica, that is immobilised on an inert matrix made of glass or plastic. Methanol, acetonitrile, and water combinations make up the mobile phase, which transports

the sample from the solid stationary phase to the liquid phase [41]. This technique is reliable for finding mycotoxins. It is crucial in the investigation of several mycotoxins due to its inexpensiveness and luminous spots under UV light. This method was created for the qualitative [42, 43] and quantitative [44-45] analysis of mycotoxin. However, due to TLC's weak sensitivity and precision, quantification is quite difficult [46]. The preparation of the sample and the type of cleanup technique is another essential element that heavily depends on the characteristics and mycotoxin type.

### 1.2 Liquid Chromatography

No matter their biological activity or chemical composition, LC enables the simultaneous detection of several mycotoxins. An analytical column and a mobile phase are used to separate analytes from the matrix ingredients. The isolation and detection of highly polar, non-volatile, and thermally labile mycotoxins are also done using this technique [47]. Mycotoxin analysis mostly uses HPLC with a variety of adsorbents, depending on the chemical and physical characteristics of the mycotoxin. Most mycotoxins detection methods are rather similar to one another. The most popular detectors in HPLC are the UV-visible (UV), fluorescent (FLD), and MS (single mass spectrometry and tandem MS (MS/MS)) detectors, which depend on the presence of a chromophore in the molecules. Some poisonous compounds, such as AFs and OTA, already glow in their natural state and can be discovered in HPLC-FLD. HPLC-FLD is the most used technique for locating OTA in various matrices. LC-MS/MS offers superior selectivity and sensitivity, more confidence of analytes identification, and a wider range of matrices as compared to conventional methods using conventional detectors [48]. The majority of mycotoxigenic fungi have the capacity to produce several distinct mycotoxins at once.

### 1.3 Gas Chromatography (GC)

GC depends on the differential partitioning of analytes between the two GC column phases. The many chemical components of the sample are dispersed across stationary and mobile phases. After the separation process, volatile chemicals are located using a mass spectrometer, an electron capture detector (ECD), or a flame ionisation detector (FID). Mycotoxins are seldom analysed by GC because of the analytes' poor volatility and high polarity. As a result, mycotoxins in milled grain-based products have been detected using the GC-MS/MS approach [49].

## ELISA

In addition to the sensitive but challenging and expensive chromatographic methods, immunochemical approaches like ELISA offer rapid and simple screening procedures for on-site mycotoxin detection<sup>[50, 51]</sup>. ELISA allows for the simultaneous testing of several samples and has a precise detection rate<sup>[52]</sup>. It is a high-throughput test with reduced sample volume requirements and fewer clean-up procedures than chromatographic technologies like HPLC or TLC. Mycotoxins have been frequently detected in a range of foods using the ELISA method.

## Innovative Mycotoxin Analysis and Detection Technologies

Several alternative techniques that have been generated and may be helpful in mycotoxin detection have been developed in addition to the traditional techniques mentioned above. However, outside of the study fields, these techniques have not been extensively employed and have limited utility. Additionally, they need additional validation and verification from reputable agencies as the European Standardisation Committee (CEN), International Organisation for Standardisation (ISO), or Association of Official Analytical Chemists (AOAC) [29]. This technique involves following detection methods like the Aggregation-Induced Emission, Fluorescent Polarization, Molecularly Imprinted Polymers, Electronic nose.

## Conclusions

Bakery food Contamination with mycotoxins resulted in establishing their acceptable in food. The preparation of the sample using various extraction and purification techniques is a crucial stage in the analysis of mycotoxin. The most used analytical techniques for determining mycotoxins are still TLC and LC. High sensitivity and dependability are ensured by chromatography methods. New possibilities in mycotoxin identification have been made possible by recent developments in detection and analysis technology and the creation of innovative methods as Aggregation-Induced Emission, Fluorescent Polarisation, Molecularly Imprinted Polymers, and Electronic Nose.

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## Conflict of interest

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